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Protect what you've worked for









#### **Queen's Guard**



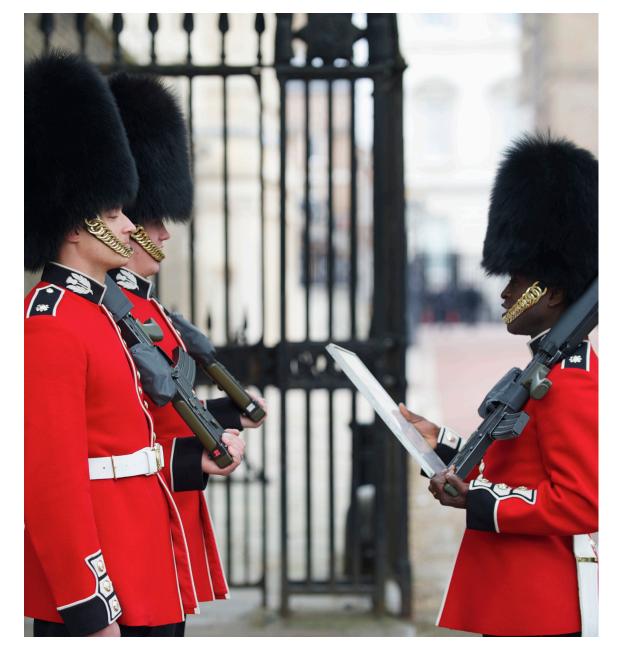




# **Keeping track** of your assets



## **Changing of the Guard**



## **Guard your assets**



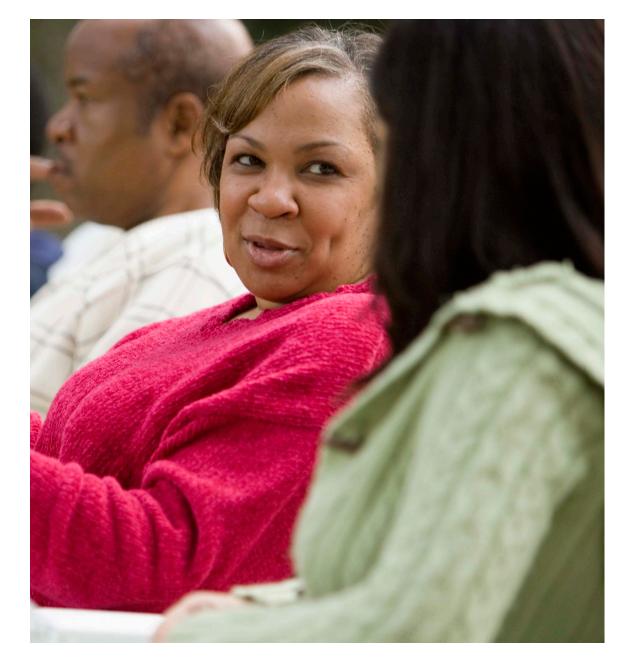






#### **Fortify your foundation**

- Emergency fund
- Line of credit



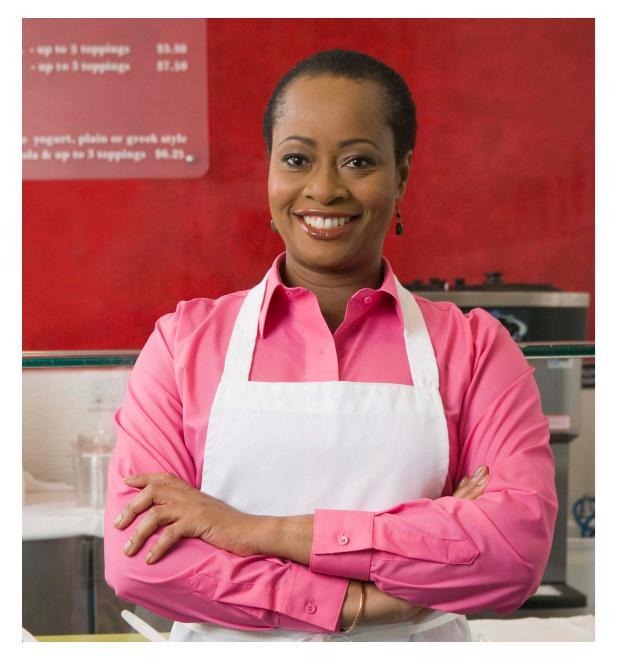


## **Cover your bases**

## **Protect your income**



**Pre-retirement** income replacement





## Retirement income: Make it last

- Living longer than expected
- Anticipate rising costs
- Start smart with your spending and withdrawals

# 60%

chance that at least one spouse in a married couple will live past the age of 90\*

Source: Society of Actuaries RP-2014 Mortality Table

This could equate to spending 25 years or more in retirement.

#### **Retirement income: Make it last**

		1994	2019	2044 (est.)
	Car	\$17,500	\$24,100	\$33,189
	Tank of gas (17 gallons)	\$18	\$38	\$85
	Month of Groceries	\$351	\$619	\$1,067
	Annual health care expenses	\$2,376	\$7,515	\$23,769

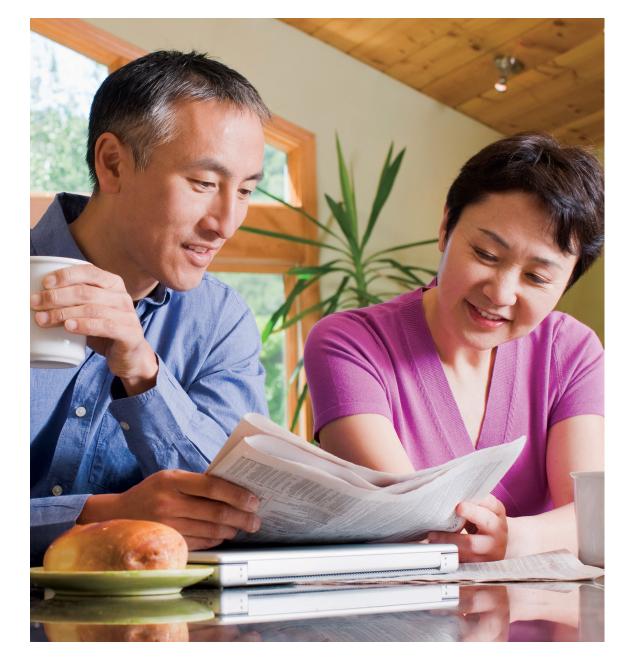
The inflation rate used to calculate 2044 prices is based on historical inflation rates from 1994-2019: Car = 1.3%; Gas = 3.2%; Groceries = 2.2%; Health care = 4.7%. Car: MSRP for automatic transmission Toyota Camry; Gas: National average for unleaded regular gasoline; Groceries: Family of two with moderate cost plan. Healthcare: 2017 data. Median household expenditure for married couple from Consumer Expenditure Survey.

Sources: Bureau of Labor Statistics; U.S. Department of Agriculture; AutoTrader.com.

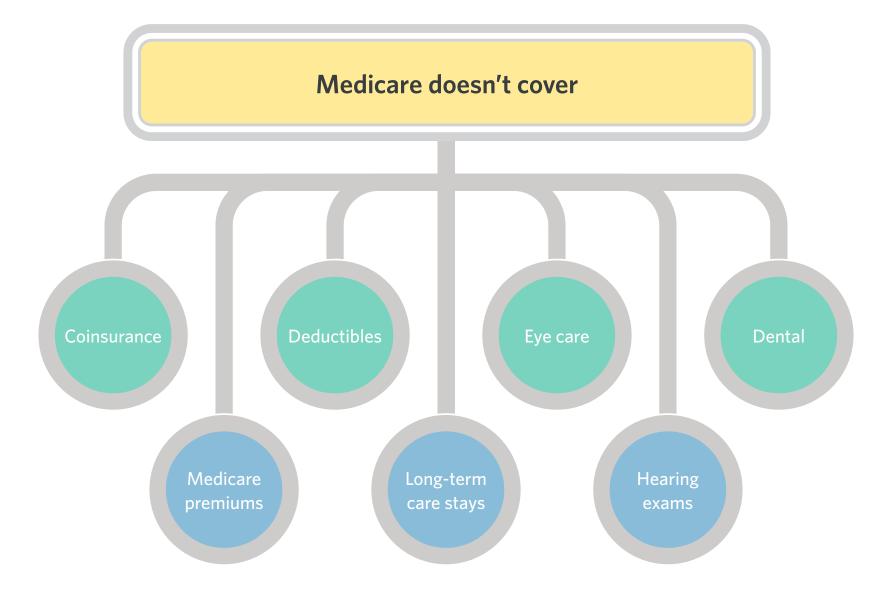
## Retirement income: Start smart with your withdrawals



## Health care: Costs and control



#### **Traditional medical expenses**



# Traditional medical expenses

**Budget** \$4,500 to \$6,500 Per year, per person

#### **Long-term care costs**

\$92,378 per year

Cost of nursing home care

2.5 years +

Average nursing home stay

Over \$230,000

Starting point

Source: Genworth 2016 Cost of Care Survey, conducted by CareScout®, April 2016. Cost of nursing home care based on 2016 average for 365 days of care in a nursing home (private room).

#### **Long-term care costs**

How you prepare for long-term care costs

Control

Save for it

Insure against it

# When to begin thinking about long-term care

- Insurance premiums tend to be lower.
- Your health is more likely to be better.
- You may still be working.

**Between** 

55-65

years old



## Long-term medical care costs

- Long-term care insurance
- Life insurance with long-term care benefits

# **Health care: Maintain control**

- The what
- The who





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## Any questions?





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